

A Beacon of Hope for the Homeless

Years 1964-2013

**APRIL 2013** 

752 SE Pine St • PO Box 1937 • Roseburg, OR 97470 • (541) 673-3004 • www.roseburgrescuemission.org



Daniel selecting produce from our walk-in cooler to cook a meal.

## **Investing In People**

doing what he wanted

or was called to do

when he graduated

Bible college

Daniel graduated from Bible college nearly ten years ago. Ironically, he majored in Missions; or, providentially, God guided him (knowing the choices he would make) to both major and live in a mission(s). His father was a foreign missionary, and there was a hope, no doubt, that Daniel would follow suit.

There are striking similarities between

living on the campus of a Bible college and a Gospel Rescue Mission. Both nonprofits have communal living situations. There are chapels, Bible studies, dormitories, dining rooms,

curfews, rules about behavior, attitude, language, work, dress codes. Both focus on learning and relationships. For Daniel, our Mission was a refresher course, a retreat of a more humble means. It was a place to withdraw to a safe, separate location from normal engagement in life for a time.

Maybe it was the rebellion to parental expectations or the enticements of the

world that had drawn him away. So intense was his circumstance and related stress, that it affected him medically, emotionally, spiritually. He lost his wife, job, health and was hospitalized. Daniel had fallen from grace, as we say. God's grace was still on him; he needed to know God's mercy. We know the nature of the situation. It did not matter to us, other than in counseling, nor is

> detailing it critical to this story. Our focus is on moving forward, having a new life, forgiveness, not identifying with the past, like a label to be burdened with forever.

Daniel was back to basics to build a stronger foundation for the rest of his life. He said, "I have structure and stability in my life now. I have learned to have devotions again, Bible studies, church. I rise up early to pray, getting back to the Lord. I'm letting people in my life rather than having a wall. I'm learning to invest in people and allowing them to help me. I had to let go of a lot

"Create in me a clean heart, O God, and renew a steadfast spirit within me." Psalms 57:10

**Daily Averages** February 2013 Chapel, Bible Studies: 104 **Meals: 250 Beds: 134 Voucher Items** Clothing: 1004 Household: 105 **Furniture: 16** 

**Items Needed: Pancake Mix** Syrup **Powdered Milk Oatmeal Spices Disposable Razors Hair Brushes Large Print Bibles**  of things to get the most out of this experience. Relationships are important, a few key relationships. I never had that before in my adult life. I also learned about how to spend time and money. My Bible verse is from Psalms 51:10, "Create in me a clean heart, O God, And renew a steadfast spirit within me."

Years ago, Daniel had gone to an inner city mission with his church youth group several times, even presented a message a half dozen times. Part of his healing process has been preaching in chapel again, only here. He started as a substitute, now he has a regular monthly time. Daniel has connected with a domestic subculture group that he can uniquely minister to. A window, so to speak, has opened to at least explore, test, discern, awaken to the possibilities. Sometimes it takes a crash in life to perceive the Lord's conviction of His presence or even a call to ministry, whether volunteering or becoming staff. That's exciting, rebuilding, hopeful.

Daniel did not graduate from the Mission's New Life Program; he did not need that much time. He has successfully re-entered society again, employed, housed, befriended. He is giving back in an evangelistic ministry here, doing what he wanted or was called to do when he graduated Bible college.

## MISSION BOOKS & BARGAINS

General Pricing
Hardback Books: \$2
Paperback Books: \$1
VHS Movies: \$1

**DVD Movies: \$2** 

CDs and Records: \$1



Left to right around the table: Rick, Bill, Presley, Jerry, Shon, Tim and John (staff facilitator).

## **A Change Group**

We use "The Genesis Process" in both our men's and women's New Life Program. Once a week, members of the program attend this group, as well as, other classes. Its a dialogue, it requires participation, engagement, disclosure. Private counseling is done during the rest of the week. Both the group dynamic and the personal component combine for the most effect. Each member lives on-site, works side by side, eats together. In this stage of the program, most are sharing quarters in a program dormitory. Accountability, comradery, fellowship add to the outcome.

"Change" is the key word. Generally, we call it the Genesis class, not the change group or even the addiction or recovery class. Some missions use the phrase "changing lives" as their motto to express their purpose. We have chosen to focus on the word "hope" here. Change is much more than changing from being homeless to having a home, a job or even sobriety. It is exploring the process of change, addressing the underlying issues that drive self-destructive behaviors. It is a Bible based program that teaches who we were created to be, how our minds work, what fulfills us, identifying what needs to change. It is necessary to understand what has been missing or wounded in our lives that causes wrong behaviors. This is not restricted to be a drug and alcohol recovery group. This is a required class for our program because we can all benefit from a review of our thought processes and behaviors. The focus is not on what we typically call addictions, but on destructive behaviors like: being critical and judgmental, codependency, legalism, drug or alcohol abuse, food, anxiety, anger, sex addiction, secrets, workaholism, isolation, any negative behavior or emotion used to cope. These are symptoms of a problem that lies deeper within. They are a means of coping with fear, isolation and loneliness. Broken or hurt relationships are often the cause of the reactionary conduct. We learn safe relationships within the group. It begins with humility and trusting God. Then a change can begin, a transformation.

## "Be transformed by the renewing of your mind." Romans 12:2

Identity becomes a key issue, the way in which we view ourselves. A person that has not had a drink in 20 years, that still refers to himself as an alcoholic, does not have a new identity, but a new behavior. Recovery is a new identity, not a new behavior. Self identity as a child of God is change. Still identifying with an

addiction is not change, its only abstaining from an identifying behavior.

It is well accepted in recovery circles that a person cannot achieve recovery on his or her own; we need to rely on a higher power. At the Mission, we know that there is Only One Higher Power, the Lord. Without Him, all our efforts are futile. Only the Lord God can cause change, a transformation into new creatures in Christ.

Lynn Antis, Executive Director